

Testosterone & Pellet Therapy

Testosterone is a vital variable to a man's health. The common link to testosterone is sex drive and function but there other factors affected by testosterone that could lead to serious health conditions. Testosterone naturally begins to decline in men around their middle age. The natural declining process of testosterone doesn't normally cause cryptic symptoms, but testosterone below normal levels might. There is a huge difference in natural declining of the testosterone levels and low testosterone levels. Low testosterone levels may cause symptoms such as low sex drive, erectile dysfunction, mood problems, fatigue, and sleep disturbances. Sometimes symptoms are so subtle they go unnoticed. That doesn't



lems, fatigue, and sleep disturbances. Sometimes symptoms are so subtle they go unnoticed. That doesn't

mean there isn't a problem, but it does mean there is room for improvement.

Some studies concluded low testosterone causing chronic medical conditions, including obesity, diabetes, depression, and possibly cardiovascular disease. Up to 13 million American men may have low testosterone levels and 90% of them will not receive treatment. A simple blood test will tell you if you are at a normal level. There is no reason in today's world why men should suffer with symptoms and conditions that are so easily remedied. Boosting the levels means a better quality of life. Several options exist to boost testosterone levels. The most effective and consistent method is pellet therapy.

Pellet therapy consists of placing tiny pellets, the size of a grain of rice, under the skin near the buttocks area. The process is ad-

ministered by our physician in our office. Pellets are applied three times a year, thus, reducing the inconvenience of self-injections once a week. The pellets should completely dissolve leaving no residue in the body. Pellet therapy is proven to release testosterone in the body more consistently and effective than any other method.

Put the two together, pellet therapy and low testosterone, and you have an easy solution to a serious circumstance. The important thing to remember during therapy is to stay in communication with the doctor. Visits and blood draws are scheduled for a reason, to monitor levels and make sure everything is in check.

FAQ's

Q: How much does it cost?

A: How much is it worth to you is the real question. There are so many variables in pricing pellet therapy that the only accurate way to price the program for each individual is to come in for a free consultation.

Q: Does everyone with low testosterone qualify for pellet therapy?

A: No. The doctor will preform an evaluation to determine if the individual is a candidate for pellet therapy

Q: What should I expect after the procedure?

A: Within 10 to 14 days you begin feeling the relief of some symptoms. In 2 to 3 weeks you should see a drastic difference, which may include more energy, increased sex drive, better rest, better memory and the ability to handle stress better.

The Doctor's Corner

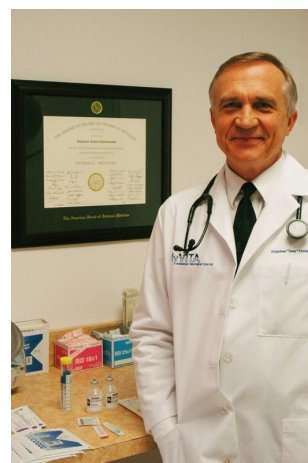
In almost 30 years of my medical practice I treated many patients with hormonal problems and I found that patients who received pellets therapy get much better results than those who received other forms of hormone replacement.

They don't feel significant fluctuations of their hormones like those who are on injections and they don't have to do daily treatments like these who are on creams or gels. To support the system which

naturally produces Testosterone in man's body we use short courses of HCG with Testosterone replacement. This stimulates the system and supports the testicular function .

The pellets therapy has the highest continuity rate, which in many studies reaches over the 90% mark. This speaks for itself.

For Your better Health and Life,
Zbigniew "Tony" Chmielewski, M.D.



Upcoming issues:

- July-Herbal/Prescription Awareness Month
- August-National Resurrect Romance Week
- September-Healthy Aging Month
- October—Breast Cancer Awareness Month